



HEALTHY CAMPUS CHECKLIST FOR STUDENTS

TCU is implementing measures on campus to keep our community healthy, including providing cleaning supplies in common spaces, classrooms and residence halls.

But a healthy campus requires everyone to do their part. Here are additional steps you'll need to take for fall.



WHAT TO BRING

- Face coverings (required – bring enough to use a clean covering every day of the week)
- Hand sanitizer
- Hand soap for your sink (if you have a sink in your room or live in an apartment or house)
- Sanitizing wipes for common spaces in your living areas
- Thermometer
- Over-the-counter pain reliever and fever reducer
- An ample supply of your daily medications
- Cleaning supplies for your bathroom (unless your residence hall has a common restroom)
- Disposable gloves to use when you clean
- Computer headset (for privacy and higher quality online meetings/classes)

WHAT TO PREPARE FOR

- Wearing face coverings when outside your private room
- Disinfecting public spaces before use (desks in classrooms, library study areas, etc.)
- Maintaining 6 feet of physical distancing
- Changes in the way university and student events are planned and managed
- Online learning if you are ill, symptomatic, and asked to quarantine or isolate
- Changes in the way your student groups meet (using Zoom or physical distancing in larger meeting spaces)
- Changes in the way you meet with faculty and staff (using Zoom for meetings)
- Contact tracing efforts. Staff members will call you if we know you were exposed (close enough and long enough) to a person who has tested positive for COVID-19. Please return calls to help protect the community.

TASKS TO COMPLETE

- [Check My.TCU.edu](https://my.tcu.edu) to make sure your local address (if you are living off-campus), mobile phone number and emergency contact information is accurate. Update if necessary.
- Report to the Health Center if you have tested positive for COVID-19. You should also call the COVID-19 self-reporting hotline at 817-257-2684.
- Develop enhanced [self-care strategies](#) to maintain good physical and mental health.
- [Submit updated immunizations](#) to the Health Center.
- [Install FrogShield](#) on your phone.
- [Make sure your computer is updated](#) and ready for robust use
- Check that your personal health insurance is current. Decline the TCU Aetna plan if your current insurance better meets your needs (My.TCU.edu >Student Services> Health Insurance Waive/Elect).
- Develop a plan with your roommate(s)/housemate(s) on how you will isolate sick roommates, (that includes providing a single-use bathroom, enhancing cleaning protocols and providing meals if you live off campus).