Before leaving home each day conduct the following daily health assessment to monitor for symptoms of COVID-19.

Exhibiting any listed symptoms?

**YES**

- Fever (Over 100° F)
- New cough
- New shortness of breath or difficulty breathing
- New chills
- New muscle aches
- Sore throat
- Headache
- Diarrhea
- New loss of taste or smell

**NO**

- Struggling to breathe or fighting for breath even when inactive or resting
- Feeling as though you might collapse every time you stand or sit up

**CALL 911. Do not come to class or campus.**

Protect yourself by maintaining good hygiene and prevention standards:

- Wash your hands
- Wear a face covering
- Maintain 6 feet of physical distance
- Clean and disinfect common spaces before and after use

**If you are hospitalized due to COVID-19, please call the TCU COVID-19 Hotline, 817-257-2684, so TCU can provide you with assistance and resources.**

Contact the Brown Lupton Health Center for medical advice. 817-257-7940

A TCU Care Coordinator will follow up with you to notify professors of your absence and discuss other ways they can help.


A healthy campus is in our hands.