

KIMBERLY POSEY, PhD, DNP, APRN, AGPCNP-BC, GS-C  
CURRICULUM VITA

NAME

- Kimberly Posey

CREDENTIALS/TITLE

- PhD, DNP, APRN, AGPCNP-BC, GS-C / Associate Professor of Professional Practice, Director of Graduate Nursing at Texas Christian University, Harris College of Nursing and Health Sciences

WORK ADDRESS

- Texas Christian University, Harris College of Nursing and Health Sciences  
TCU Box 298620  
Fort Worth, TX 76129  
817-257-7496 (w), 817-845-6291 (cell)  
[k.posey@tcu.edu](mailto:k.posey@tcu.edu)

ACADEMIC AND PROFESSIONAL PREPARATION

- Doctor of Philosophy in Nursing Education, William Carey University, 2022
- Doctor of Nursing Practice, 2013, Texas Christian University
- Post-Master's Certificate, 2013, Nursing Education, Texas Christian University
- Post-Master's Certificate, 2000, Adult Nurse Practitioner, University of Texas at Arlington
- Master of Science in Nursing, 2000, Geriatric Nurse Practitioner, University of Texas at Arlington
- Bachelor of Science in Nursing, 1997, Magna Cum Laude, Texas Woman's University

CERTIFICATIONS AND LICENSES

- Adult Nurse Practitioner
- Geriatric Nurse Practitioner
- Registered Nurse
- Adult-Gerontology Primary Care Nurse Practitioner (American Nurses Credentialing Center)
- Gerontological Specialist-Certified, Gerontology Nursing Certification Commission
- Healthcare Provide Basic Life Support (American Red Cross)

PREVIOUS TEACHING APPOINTMENTS

- Instructor, Adult/Geriatric Nurse Practitioner, University of North Texas Health Science Center for Geriatrics, Fort Worth, Texas, 2018 - 2019

- Assistant Professor, Director of Adult-Gerontology Primary Care and Acute Care Programs, College of Nursing & Health Innovation University of Texas at Arlington, 2016
- Assistant Professor, Adult-Gerontology Primary Care Nurse Practitioner Program, College of Nursing & Health Innovation University of Texas at Arlington, 2013-2016
- Clinical Instructor, Adult-Gerontology Nurse Practitioner Programs, College of Nursing & Health Innovation University of Texas at Arlington, 2011-2012
- Clinical Instructor, Baccalaureate Nursing Program, College of Nursing Texas Woman's University, May 2001 - September 2002

#### PROFESSIONAL POSITIONS/VOLUNTEER HISTORY

- 2017 – Current, Texas Christian University, Harris College of Nursing and Health Sciences, Fort Worth, TX, Associate Professor of Professional Practice
- 2012 - Current, Preferred Primary Care & Senior Care, Bedford, TX, Adult-Gerontology Primary Care Nurse Practitioner
- 2018 – Current, True Worth Place, Fort Worth, TX, Established and Volunteer for Foot Clinic
- 2018 - 2019, University of North Texas Health Science Center, Center for Geriatrics, Fort Worth, TX, Adult-Gerontology Primary Care Nurse Practitioner and Instructor, Department of Internal Medicine/Geriatrics
- 2016 – 2018, Heartland Hospice, Bedford, TX, Adult-Gerontology Primary Care Nurse Practitioner
- 2016 – 2017, Integrative Medical, Coppell, TX, Adult-Gerontology Primary Care Nurse Practitioner
- 2012 – 2016, University of Texas at Arlington, Arlington, TX, Assistant Professor
- 2012 – 2015, Kaner Medical Group, Bedford, TX, Adult/Geriatric Nurse Practitioner
- 2000 – 2012, Arlington Family Health Pavilion, Arlington, TX, Adult/Geriatric Nurse Practitioner
- 2000 – 2001, Physician's Geriatric Services, Bedford, TX, Geriatric Nurse Practitioner

#### RESEARCH/GRANTS/CONTRACTS

- Integration of Telehealth into the Nurse Practitioner Curriculum, Texas Christian University Research - Instructional Development Grant, \$3,180.00, Awarded for Fall 2020
- American Association of Colleges of Nursing, Pilot Substance Use Disorder Project, \$5,000.00, Fall 2019
- Interprofessional Teams in Primary Care via Virtual Online Learning, Harris College of Nursing & Health Sciences, Interprofessional Education, Research, and Practice, \$5,000.00, Fall 2019

## SERVICE

- DEPARTMENTAL

- Faculty Search Committee for Social Work, outside member, Spring 2022
- Faculty Search Committee for Nurse Anesthesia, outside member, Spring 2021, Spring 2022
- Doctor of Nursing Practice Admissions Committee, Member, Fall 2017, Ongoing
- APRN Program Coordinators Taskforce, Nursing, Fall 2020, Ongoing
- Graduate Faculty Committee, Member, 2016 – Present
- Professional Development and Education Committee, 2017 – Present, Chair 2020-201, CoChair 2019-2020
- Professional Practice Faculty Committee, 2019 – Present
- Program Effectiveness Committee, 2019 - 2021
- Graduate Admissions Task Force, Spring 2017
- Special Task Force; Teacher, Scholar, Practitioner Model Development, Spring 2018 – Fall 2018

- COLLEGE

- HCNHS Faculty Mentoring Program, Subcommittee, October 2020 - Present
- HCNHS Clinical Evaluation Committee, Fall 2017 - Present
- HCHNS Ad-hoc Sub-Committee, Recognition of External Supervisors/Clinical Placements, Fall 2017 - Present
- Harris College Interprofessional Research Education & Practice (IPREP) Council, 2017 - Present
- Interprofessional Education Event Faculty Facilitator, 2017 - Present
- IPE Inpatient Experience & Clinical Immersion Committee with TCU and UNTHSC School of Medicine, 2017 – 2018

## GRADUATE THESES AND DISSERTATIONS DIRECTED

- Project Director of DNP Project, 2021-2022. Katie Adams BSN, RN. Texas Christian University. *Red Cross Virtual Disaster Health Services Toolkit*.
- Project Director of DNP Project, 2021-2022. Kelsey Hyde BSN, RN. Texas Christian University. *An Evidence-Based Guideline for Identifying Child Abuse in the Primary Care Setting*.
- Project Director of DNP Project, 2020-2021. Danielle Davis, BSN, RN and Amber Street, BSN, RN. Texas Christian University. *An Evidenced-Based Guideline for Screening and Reporting of Elder Abuse*
- Project Director of DNP Project 2020-2021. Dylan Lempp, BSN, RN. Texas Christian University. *An Evidence-Based Guideline for Treating Dyslipidemia in the Statin Intolerant Patient*.
- Project Director of DNP Project, 2020-2021. Kelsee McInturf, BSN, RN. Texas Christian University. *A Quality Improvement Project for Post-Hospitalization Care of Adult COVID-19 Survivors in the Outpatient Setting*.

- Project Director of DNP Project, 2019-2020. Kali Kundomal, BSN, RN. Texas Christian University. *A Quality Improvement Project to Initiate Conversations about Advance Care Planning in the Primary Care Setting*
- Project Director of DNP Project, 2018-2019. Emily Estes, BSN, RN. Texas Christian University. *Toolkit Design and Development for Establishing a Foot Clinic in the Homeless Population*
- Project Director of DNP Project, 2018-2019. Victorine Anzick, BSN, RN. Texas Christian University. *Guideline Development to Increase Follow Up Visit Rates among Hispanic Females after Abnormal Papanicolaou Tests*
- Committee Member of DNP Project, 2017-2018. Genevieve Wilson, MSN, APRN, CPNP-PC, CPNP-AC. Texas Christian University. *Reduced Bed Rest Times in Pediatric Post Catheterization Patients*

## PUBLICATIONS

- PEER REVIEWED
  - Posey, K. R. (2021). Preparing doctor of nursing practice students for team-based primary care through an online interprofessional learning environment. *The Nurse Practitioner*, 46(4), 29-32. <https://doi.org/10.1097/01.NPR.0000737204.76053.14>
  - Wesemann, D., **Posey, K. R.**, & Wilson, C. (2021). Clinical Simulation to Evaluate Students' Intraprofessional Telehealth Skills Between Multiple University Campuses. *Clinical Simulation in Nursing*, 54, 35-39. <https://doi.org/10.1016/j.ecns.2021.01.011>
- POSTER/PODIUM PRESENTATIONS
  - International
    - Brooks, V., Ellis, K. & **Posey, K. R.** (2021, August 29-September 1). *Doctor of Nursing Practice: Reviewing the Past and Envisioning the Future* [Podium presentation accepted, conference rescheduled to 2021]. 11<sup>th</sup> ICN NP/APN Network Conference 2021, Halifax, Canada <https://www.icn.ch/events/11th-icn-npapn-network-conference-2021>
  - National
    - Posey, K. R. (2022, April 7). *Mind the Gaps: Faculty Strategies to Enhance Writing Competencies for Diverse Students in NP Distance Education*. [Lead Presenter, Conference session]. National Organization for Nurse Practitioner Faculties 48<sup>th</sup> Annual Conference, Minneapolis, MN. <https://web.cvent.com/event/ced7407a-cea5-4fc0-a7a8-df8f4989f1de/websitePage:645d57e4-75eb-4769-b2c0-f201a0bfc6ce>
    - Biernicki, P., **Posey, K. R.** (2021, December 2-3). *Curriculum Design Strategies*. [Conference session]. National Organization for Nurse Practitioner Faculties 2021 Fall Conference, Bethesda, MD. <https://web.cvent.com/event/e875baab-e9c4->

[4856-9471-259a82c84367/websitePage:645d57e4-75eb-4769-b2c0-f201a0bfc6ce](https://www.gapna.org/events/annual-conference)

- Cotter, V., Morrison, M., & Posey, K. R. (2020, September 24-26). *Challenging Conversations in Serious Chronic Illness: Palliative Care Communication for Practice with Older Adults*. [Accepted, format changed to virtual conference session]. Geriatric Advanced Practice Nursing Association 39<sup>th</sup> Annual Conference, New Orleans, LA.  
<https://www.gapna.org/events/annual-conference>
- Posey, K. R. (2020, July 31-August 2). *Medical Marijuana and CBD: Where is the Evidence?* [Accepted, format changed to recorded virtual conference session]. Society of Urologic Nurses and Associates, 2020 Advanced UroLogic Conference, Dallas, TX. <https://www.sunu.org/event/2020-advanced-urologic-conference>
- Wesemann, D., Posey, K. R., & Wilson, C. (2020, April 23-25). *Clinical Simulation to Evaluate Students' Interdisciplinary Telehealth Skills Across Multiple University Campuses* [Format changed to recorded virtual podium presentation]. National Organization for Nurse Practitioner Faculties 46<sup>th</sup> Annual Conference, Chicago, IL. <http://www.cvent.com/events/nonpf-46th-annual-conference-envisioning-a-new-era-for-np-education/event-summary-767462b248a54399a2c0b1d1c3fb2581.aspx>
- Posey, K. R. (2019, October 3-5). *Cannabidiol (CBD) for the Older Adult: Miracle or Hype* [Poster presentation]. Gerontological Advanced Practice Nurses Association 38<sup>th</sup> Annual Conference, Las Vegas, Nevada.  
<https://www.gapna.org/events/conferences/past-conferences>
- Daniel, K., Hamby, D., & Posey, K. R. (2016, October 5-7). *Incorporating the 4 Core Competencies with Cultural Awareness in Geriatric Veteran Patient with Depression* [Poster presentation]. Interprofessional Education Collaborative, 2016 Fall Institute, Herndon, VA.  
<https://www.ipecollaborative.org/2016-fall-institute.html>
- Regional
  - Posey, K. R. (2022, March). *Cannabinoids and Dementia: Clearing the Air*. [Virtual conference session, Keynote Speaker]. Psychiatric Advanced Practice Nurses of North Texas, Psychiatric Symposium.
  - Posey, K. R. (2020, December 10). *Medical Marijuana and CBD: Where is the Evidence?* [Online CE event]. Psychiatric Advanced Practice Nurses of North Texas.  
<https://papnntx.enpnetwork.com/nurse-practitioner-events/135990-online-ce-event-hosted-by-papn-ntx-!info>

- Posey, K. R. (2020, October 24). *Medical Marijuana and CBD: Where is the Evidence?* [Conference cancelled]. Psychiatric Advanced Practice Nurses of North Texas, 2020 Psychiatric Symposium, Fort Worth, TX.  
<https://papnntx.enpnetwork.com/nurse-practitioner-events/134778-2020-psychiatric-nursing-symposium-of-north-texas-postponed-tentative-date-10-10-2020#!info>
- State and Local
  - Posey, K. R. (2021, January). *Geriatric Pharmacology* [Enduring Online Lecture, Geriatrics]. Texas Nurse Practitioners.  
<https://www.texasnp.org/store/viewproduct.aspx?id=17358126>
  - Posey, K. R. (2020, September 24-27). *Geriatric Pharmacotherapy* [Format changed to recorded virtual conference session]. Texas Nurse Practitioners 32<sup>nd</sup> Annual Conference, Dallas, TX. <https://www.texasnp.org/page/A5>
  - Christiansen, B. P. & Posey, K. R. (2020, May 15). *DNP-Prepared Faculty and Tenure-Track Eligibility* [Conference session]. 2020 Texas DNP Conference, Austin, TX. (Conference canceled due to COVID-19)  
<https://texasdnp.enpnetwork.com/nurse-practitioner-news/209890-cancelled-texas-dnp-2020-conference>
  - Posey, K. R. (2019, September 5-8). *Cannabidiol (CBD): Miracle or Hype* [Poster presentation]. Texas Nurse Practitioners 31<sup>st</sup> Annual Conference, Austin, TX.  
<https://www.texasnp.org/page/A5>
  - Posey, K. R. (2019, June 14-16). *Update in Geriatric Pharmacotherapy* [Conference Session]. Texas Clinical Nurse Specialists Annual Conference, Austin, TX.  
<https://txcns.enpnetwork.com/>
  - Posey, K. R. (2019, May 18). *Cannabidiol (CBD): Miracle or Hype* [Poster presentation]. 2019 Texas DNP Conference, Austin, TX. <https://www.texasnp.org/event/TexasDNP19>
  - Posey, K. R. (2018, September 6-9). *Developing a Foot Care Clinic in a Homeless Shelter: A Partnership with the Community* [Poster presentation]. Texas Nurse Practitioners' 30th Annual Conference, Dallas, TX.  
<https://www.texasnp.org/event/Fall2018>

## PROFESSIONAL MEMBERSHIPS

- American Association of Nurse Practitioners, 2010 – Present
- American Medical Directors Association, The Society for Post-Acute and Long-Term Care, 2016 – Present
- American Nurses Association, 2020 – Present
- Gerontological Advanced Practice Nursing Association, 2017 - Present

- National Organization of Nurse Practitioner Faculties, 2016 – Present
- Sigma Theta Tau, 1997 – Present
- Southern Nursing Research Society, 2017 – 2021
- Texas DNP, 2018 – Present
- Texas Nurses Association, 2019 – Present
- Texas Nurse Practitioners, 2005 – Present

#### AWARDS AND HONORS

- 2020, Texas Nurse Practitioners' Community Impact Award
- 2019, Community Champion Nominee by Tarrant County Homeless Coalition
- 2019, Fort Worth Business Press Healthcare Hero Award
- 2012, Texas Christian University, Harris College of Nursing, Outstanding Academic Achievement
- 2000, The University of Texas at Arlington Scholar

#### PROFESSIONAL AND COMMUNITY SERVICE ACTIVITIES

- American Association of Nurse Practitioners (AANP), Nurse Practitioner Extended Roundtable, Gerontological Advanced Practice Nursing Association Representative, 2020 – Present
- American Medical Directors Association, The Society for Post-Acute and Long-Term Care, National Program Planning Subcommittee, 2016 – 2022
- American Medical Directors Association, The Society for Post-Acute and Long-Term Care, NP/PA Advisory Council, 2018 – Present
- American Medical Directors Association, The Society for Post-Acute and Long-Term Care, NP/PA Council for Inclusive Language, 2018 – Present
- Gerontological Advanced Practice Nursing Association, Board Member, Secretary, Elected, 2022 – 2024,  
<https://www.gapna.org/about/news/congratulations-2022-2023-gapna-board-directors>
- Gerontological Advanced Practice Nursing Association, Health Affairs Committee Member, 2018 - Present
- Gerontological Advanced Practice Nursing Association, Chair, Nominating Committee, Elected, 2020 – 2021, Co-chair, 2019 – 2020
- National Organization of Nurse Practitioner Faculties, Curriculum Leadership Committee, 2021-2022
- National Organization of Nurse Practitioner Faculties, Chair Distance Education Special Interest Group, Spring 2019 – 2022
- National Organization of Nurse Practitioner Faculties, Member Distance Education Special Interest Group, Spring 2019 – Present
- National Organization of Nurse Practitioner Faculties, Member Gerontological Special Interest Group, Spring 2019 – 2022
- Military Officers Association of America - Lone Star Officers Club, Guest speaker on *Polypharmacy in Older Adults*, 2015
- Sigma Theta Tau International Honor Society, Beta Alpha Chapter, Invited speaker for induction ceremony, November 4<sup>th</sup>, 2021

- Texas DNP, Conference Planning Committee, 2019 – Present
- Texas DNP, Board Member, Secretary, 2020– Present
- Texas Nurses Association, APRN Expert Advisor, 2016 – 2018
- Texas Nurse Practitioners, University Ambassador, Acting Ambassador at Texas Christian University, Spring 2018 - Ongoing
- Texas Nurse Practitioners, Legislative Ambassador, Fall 2019 – Ongoing

#### OTHER ACTIVITIES

- TeamSTEPPS Master Trainer, Certified November 2020
- The Aging Mastery Program & The National Council on Aging, Geriatric Content Expert, 2020 – ongoing
- National League of Nursing, Scholarly Writing Retreat and Mentoring Program, Accepted May 2020
- Texas Board of Nursing & Texas Organization of Nurse Leaders, Nursing Summit, *The Future of Nursing in Texas: Stakeholders Moving Toward Alignment*, Invited Participant, Austin, TX, February 24 – 25, 2020
- Clinical Preceptor, Texas Christian University, Nurse Practitioner Program, 2018 – current.
- Gerontological Advanced Practice Nurses Association, Legislative Visits, US Capitol, Washington, DC, Fall 2018
- True Worth Place Foot Care Clinic, established and continue to volunteer in monthly clinics providing foot and nail care to the homeless, 2018 – ongoing
- Gerontological Advanced Practice Nursing Association, Gerontological Specialist Certification Exam Item Writer, 2017-2018
- Texas Nurse Practitioners, APRN Alliance Capitol Day & Legislative Visits, Texas Capitol, Austin, TX, Spring 2017 - 2019
- Clinical Preceptor, University of Texas at Tyler, Nurse Practitioner Program, 2016
- Omnicare Geriatric Pharmaceutical Care Guidelines, Reviewer for evidenced-based geriatric pharmaceutical care guidelines, 2015 – 2016
- Clinical Preceptor, Texas Tech University, Premed Program, 2013 -2014
- Clinical Preceptor, Texas Woman's University, Nurse Practitioner Program, 2005 – 2012
- Clinical Preceptor, University of Texas at Arlington, Nurse Practitioner Program, 2002 – 2016